

Red Oak Community School JR/SR High School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar



May
2021

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3

MONDAY

- Classic Cafe** Chicken Crispito, Homemade Nacho Cheese Sauce, Fresh Fruit
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza
- Grab & Go** Honey Mustard Ham Wrap

6

THURSDAY

- Dinner Station** BBQ Chicken Legs, Whole Grain Dinner Roll, Baked Beans, Canned Fruit
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Taco Pizza
- Grab & Go** Chef Salad

4

TUESDAY

- Classic Cafe** Walking Taco, Lettuce, Tomato and Cheese, Fresh Fruit
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Buffalo Chicken Pizza
- Grab & Go** Ham Deli Sandwich

7

FRIDAY

- Classic Cafe** Sloppy Joe on a Bun, Broccoli Salad, Fresh Fruit
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza
- Grab & Go** Turkey BLT Wrap

5

WEDNESDAY

- Classic Cafe** Chicken Fried Rice, Steamed Broccoli, Whole Grain Dinner Roll, Fresh Fruit
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza
- Grab & Go** Double Decker PB & J Sandwich

EXTRA INFO



Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

Entrée Salads are served with Dinner Roll

For questions or comments, contact Dana at 1-712-623-5381 or email

Menus are subject to change without notice. This institution is an equal opportunity provider.



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MONDAY

- Classic Cafe** Ham & Tator Tot Breakfast Bake, Fresh Fruit
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza
- Grab & Go** Chicken Caesar Salad

13

THURSDAY

- Classic Cafe** Italian Meatball Sub, Steamed Peas, Cherry Tomato, Canned Fruit
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza
- Grab & Go** Chicken Caesar Wrap

11

TUESDAY

- Classic Cafe** Cheeseburger on Bun, Golden French Fries, Red Peppers, Fresh Fruit
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza, Chicken Alfredo Pizza
- Grab & Go** Double Decker PB & J Sandwich

14

FRIDAY

- Classic Cafe** BBQ Pulled Pork Sandwich, Baked Beans, Baby Carrots, Fresh Fruit
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza
- Grab & Go** Turkey Ranch Wrap

12

WEDNESDAY

- Classic Cafe** Crispy Chicken Tenders, Golden French Fries, Baby Carrots, Fresh Fruit
- Pizza Parlor** Cheese Pizza, Pepperoni Pizza
- Grab & Go** Turkey Deli Sandwich

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Classic Cafe French Toast Sticks, Sausage Patty, Vegetable Selection, Fresh Fruit

Pizza Parlor Cheese Pizza, Pepperoni Pizza

Grab & Go Double Decker PB & J Sandwich

20

THURSDAY

Classic Cafe Lasagna Rollup with Sauce, Cheesy Garlic Toast, Green Beans, Fresh Fruit

Pizza Parlor Cheese Pizza, Pepperoni Pizza, BBQ Chicken Pizza

Grab & Go Chef Salad

18

TUESDAY

Classic Cafe Turkey BLT Flatbread, Cucumber Ranch Salad, Fresh Fruit

Pizza Parlor Cheese Pizza, Sausage Pizza

Grab & Go Turkey Deli Sandwich

21

FRIDAY

Classic Cafe Max Stix, Marinara Sauce, Garden Salad, Canned Fruit

Pizza Parlor Cheese Pizza, Pepperoni Pizza

Grab & Go Ham Deli Sandwich

19

WEDNESDAY

Classic Cafe BBQ Rib Sandwich, Golden French Fries, Fresh Fruit

Pizza Parlor Cheese Pizza, Pepperoni Pizza

Grab & Go Honey Mustard Ham Wrap

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MONDAY

Classic Cafe Crispy Chicken Sandwich, Potato Wedges, Baby Carrots, Fresh Fruit

Pizza Parlor Cheese Pizza, Pepperoni Pizza

Grab & Go Crispy Chicken Salad

27

THURSDAY

HAVE A GREAT SUMMER

25

TUESDAY

Classic Cafe Chicken Crispito, Homemade Nacho Cheese Sauce, Fresh Fruit

Pizza Parlor Cheese Pizza, Pepperoni Pizza

Grab & Go Honey Mustard Ham Wrap

FRIDAY

26

WEDNESDAY

Classic Cafe Popcorn Chicken, Golden French Fries, Red Peppers, Fresh Fruit

Pizza Parlor Cheese Pizza, Pepperoni Pizza

Grab & Go Turkey Deli Sandwich

LAST DAY OF SCHOOL

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